# Mastering Your New Mac A Guide for Beginners

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June 21, 2025

## **Presentation Outline**

- The Apple ecosystem
- The challenge of a new computer
- Setting up a new Mac
- The Desktop, Dock and Menu
- Backup
- Anti-malware software
- A bunch of applications
- Organizing your stuff
- An alternative to FileVault

## Presentation Intended for New Mac Users



Old Mac users might learn something new

## The Apple Ecosystem ...



#### • Plusses:

- √Seamless integration of hardware and software
- ✓User friendly
- √Considerable focus on privacy

## • Minuses:

- ✓ Criticized for closed system and lack of customer control—a "walled garden"
- ✓ Dependence of Apple Services
- √ High cost of products
- \* Much emotion whether PC, Mac or Linux (E)

## Interaction of Apple Products

- Common functions and data shared\* among Macomputers, iPads, iPhones, and Apple Watches
  - ✓ Contacts
  - ✓ Calendars
  - ✓ Photos
  - ✓ Notes
  - ✓ Reminders
  - ✓ Messages
  - ✓ Documents
  - ✓ Application data

\* Sharing accomplished through iCloud



# Waiting in line...



## Walking home with your new Mac



# New Apple Computer User



Challenging & Painful

Week 1



Weeks 2-3

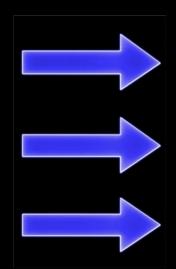


Weeks 4-8



# Changing from Windows to Apple







## More Challenging & Painful

Week 1-2



Weeks 3-4

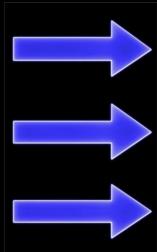


Weeks 5-10



# Changing from Apple to Windows







## Much More Challenging & Painful

Weeks 1-4



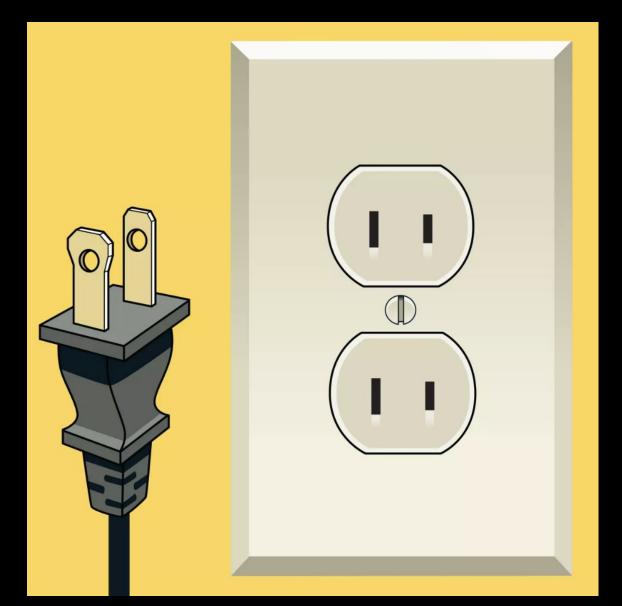
Weeks 5-8



Weeks 9-12



# Wait—before you plug-in your Mac



## **Getting Started**

- Before you plug in your new Mac—two things
  - ✓ Set up your Apple ID (account)—you need...
    - ► An active e-mail address
    - ➤ Password for this e-mail address
  - ✓ Set up your computer account—you need...
    - >A name (typically your name)
    - >A password (something you can remember)
      - □12-16 characters long (unassociated words stuck together)
      - ☐ Include a few special characters (e.g., \$ or \* or #)
      - ☐ If fluent in a second language, use both languages<sup>13</sup>

## **User Passwords**

- Sample passwords
  - ✓ Password = xapx0g2TzUA@aNnIOj8TubW9D#xk <sup>1</sup>
  - ✓ Password = Khem1stry6.022X1022
  - √What's in my head: Chemistry-Avogadro's number²
  - ✓ Password = Kamel+sausage+2.71828
  - ✓ What's in my head: Camel (German)+sausage+2.71828 ³

- <sup>1</sup> 28 characters from PW generator 🔐 🔐
- $^{2}$  Avogrado's number =  $6.02214076 \times 10^{23} \text{ mol}^{-1}$
- <sup>3</sup> Euler's number = 2.71828182845904523536028747135

## **Password Managers for Mac**

- •1 Password

- •Aura
- Bitdefender PM



- •KEEPER
- •LastPass



NordPass



•Norton



Proton Pass



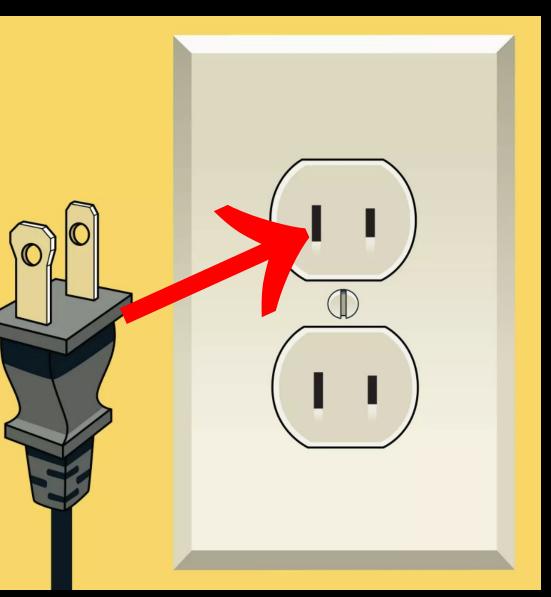
•RoboForm



## macOS Passwords.app\*

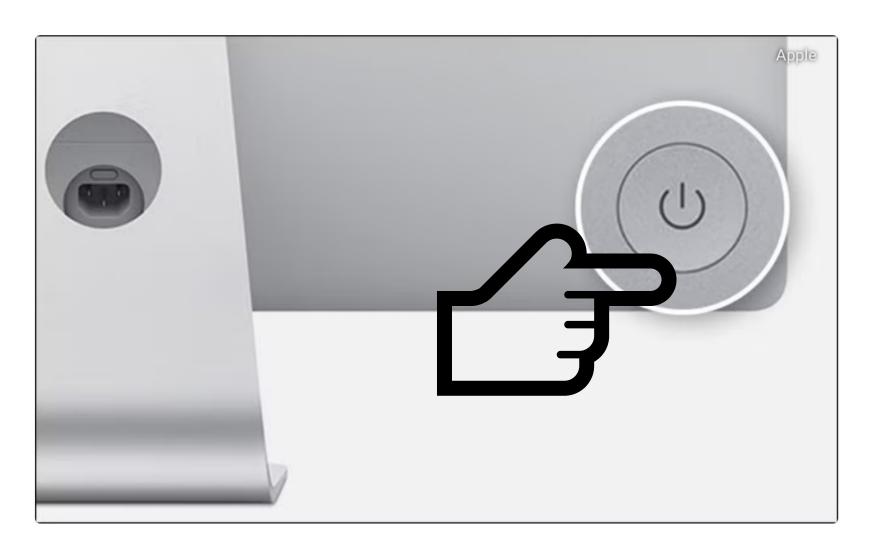
- Located in the Applications folder
- Manage passwords, passkeys & verification codes
- Generate and save strong passwords
- Share credentials with friends and families
- Provides AutoFill function
- Interfaces with iCloud Keychain
- Interfaces with the Safari, Firefox & Google Chrome browsers

# Plug-in your Mac



The following set-up slides will undoubtedly change with the introduction of new macOS updates

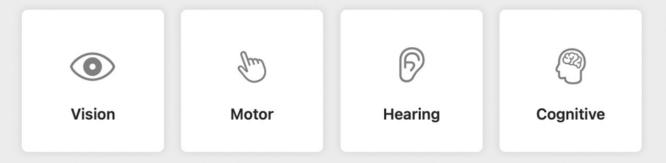
# Press the power button





## **Accessibility**

Accessibility features adapt your Mac to your individual needs. You can turn them on now to help you finish setting up, and further customize them later in System Preferences. See what's available in each of the categories below.



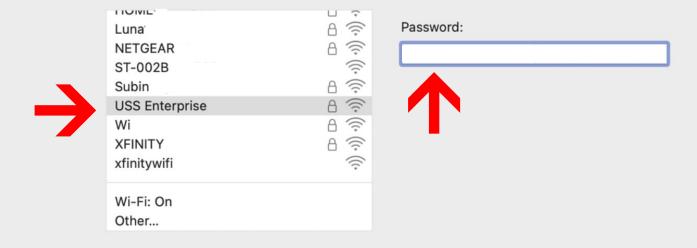
Back







#### **Select Your Wi-Fi Network**



**Other Network Options** 

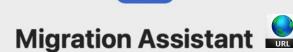
(Credit: Lance Whitney/Apple)



Back



Migration Assistant **OR** Time Machine Backup **OR** manual file transfer? A somewhat complex decision







If you have information on another Mac or a Windows PC, you can transfer it to this Mac. You can also transfer information from a Time Machine backup or another startup disk.

How do you want to transfer your information?

- O From a Mac, Time Machine backup or Startup disk See
- From a Windows PC See next slide...





Back

Continue



## Importing Data from Windows to macOS

- See "Import and Export Outlook Email, Contacts, and Calendar"\*
- See "Transfer from PC to Mac with Migration Assistant"
- How to Migrate from Windows to Mac

\* Functions of Apple Mail, Calendar and Contacts are bundled in Microsoft Outlook



Use different Apple IDs for iCloud and Apple media purchases?



This Mac will be associated with your Apple ID and data such as photos, contacts, and documents will be stored in iCloud so you can access them on other devices. See how your data is managed...

Set Up Later

Back





## User Create a Computer Account

Fill out the following information to create your computer account.

Full name: Account name:	This will be the name of your home folder.	
Password:	My street name + age	-
ading hint	✓ Allow my Apple ID to reset this password	
Enter misleading hint > or leave blank		

Back

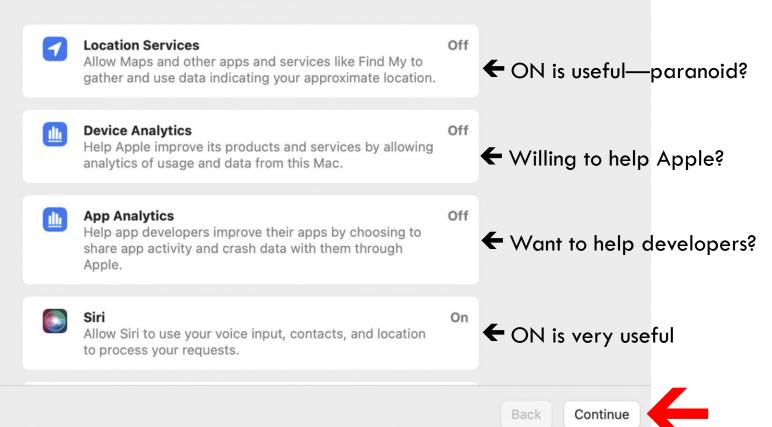
Continue



#### **Make This Your New Mac**

Here's everything set up as you had it on your other Mac.

Learn More...



**Customize Settings** 





#### **Enable Location Services**

Location Services allows apps like Maps and services like Spotlight Suggestions to gather and use data including your approximate location.

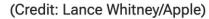
ON is useful 

Enable Location Services on this Mac

About Location Services...

Back

Continue





#### **Select Your Time Zone**

To select a time zone, click the map near your location and choose a city from the Closest City menu. You can also have the time zone change automatically, if possible, based on your current location.



Time Zone: Eastern Standard Time

Closest City: New York, NY - United States Important to pick correct location

Back

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#### **Screen Time**

Get insights about your screen time and set limits for what you want to manage.



#### **Weekly Reports**

View daily and weekly charts and get insights about your screen time.



#### **Downtime and App Limits**

Schedule time away from the screen and set daily time limits for apps or app categories.



#### **Content & Privacy Restrictions**

Restrict settings for contacts, explicit content, purchases and downloads, and privacy.



#### **Screen Time Passcode**

Manage screen time for children from your Mac or iOS device, or use a screen time passcode on your child's device.



Back

Continue







#### Siri

Siri helps you get things done just by asking. Siri can also make suggestions before you ask in apps, search, and keyboards.



Apple stores transcripts of your interactions with Siri and may review a subset of these transcripts. Siri may also send information like your voice input, Hey Siri setup, contacts, and location to Apple to process your request. Data is not associated with your Apple ID.

About Ask Siri, Dictation & Privacy...

Back





### **Improve Siri & Dictation**

Help Apple improve Siri and Dictation by allowing Apple to store audio of your Siri and Dictation interactions from this Mac. Apple may review a sample of stored audio. You can change this later in System Preferences.

This data is not associated with your Apple ID, and will only be stored for a limited period.



Not Now

About Improve Siri and Dictation & Privacy...

Back







#### **FileVault Disk Encryption**

FileVault secures your data by encrypting the contents of your disk and locking your screen with a password.

Would you like to use FileVault to encrypt the disk on your Mac?

Turn both off →

X Turn on FileVault disk encryption
X Allow my iCloud account to unlock my disk

Your iCloud account "lance@lancewhit.com" can be used to unlock your disk and reset your password if you forget it. If you do not want to allow your iCloud account to reset your password, you can create a recovery key and store it in a safe place to unlock your disk.

Back

Continue

(Credit: Lance Whitney/Apple)

## Stay tuned for an alternative



#### **Choose Your Look**

Select an appearance and see how the Dock, menus, buttons, and windows adjust depending on which one you choose.

You can change this later in System Preferences.



Back





## **Need More Information?**

- Set up your iMac for new users
- How to set up a new Mac
- Get a new Mac? Here's what you need to know



- Setting up a new Mac (video)
- How to set up a new MacBook (video)



Monday, February 26

# 9:41

# The Login Screen



Joe Lipscomb

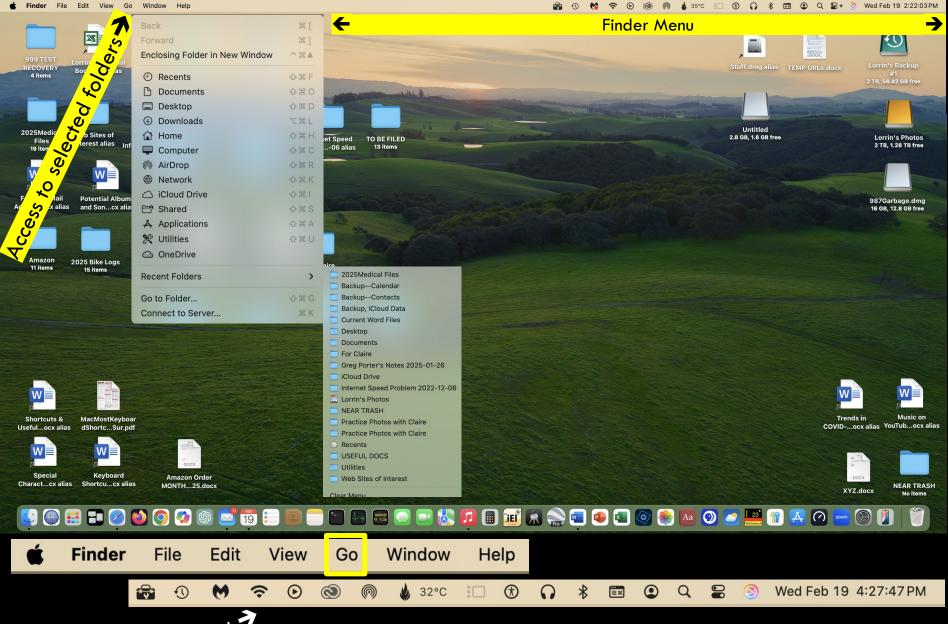
Enter your password here ->



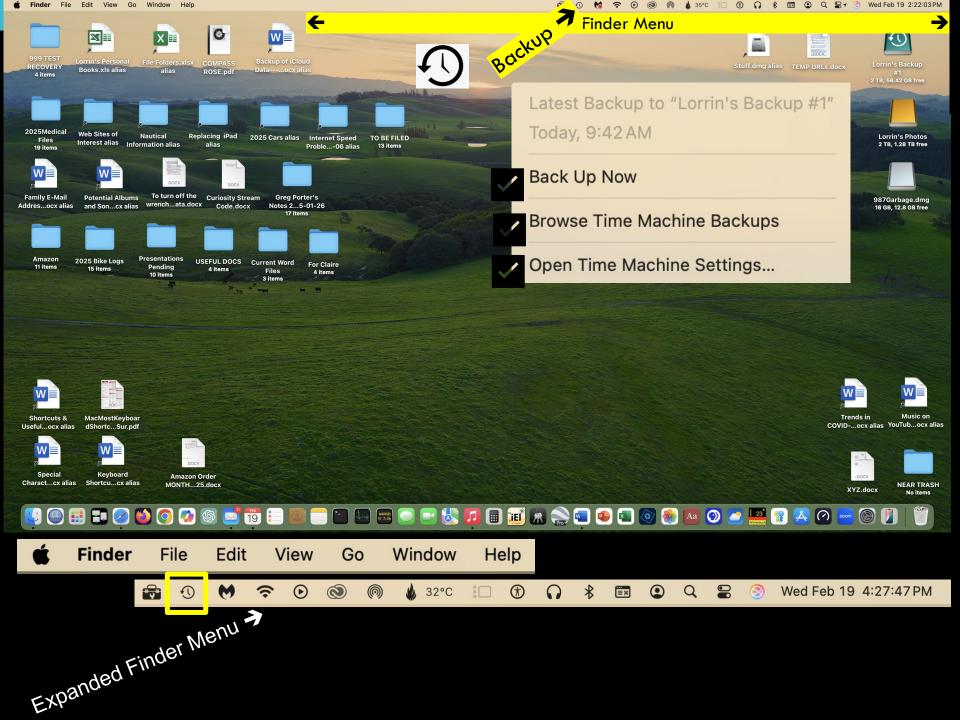


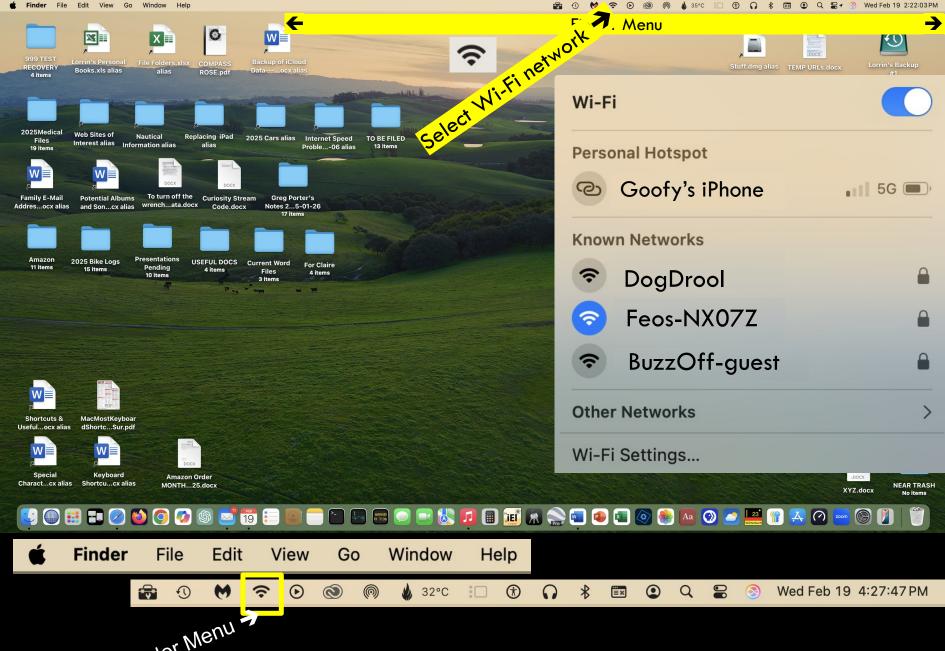


\* Equivalent to "File Explorer" in Windows

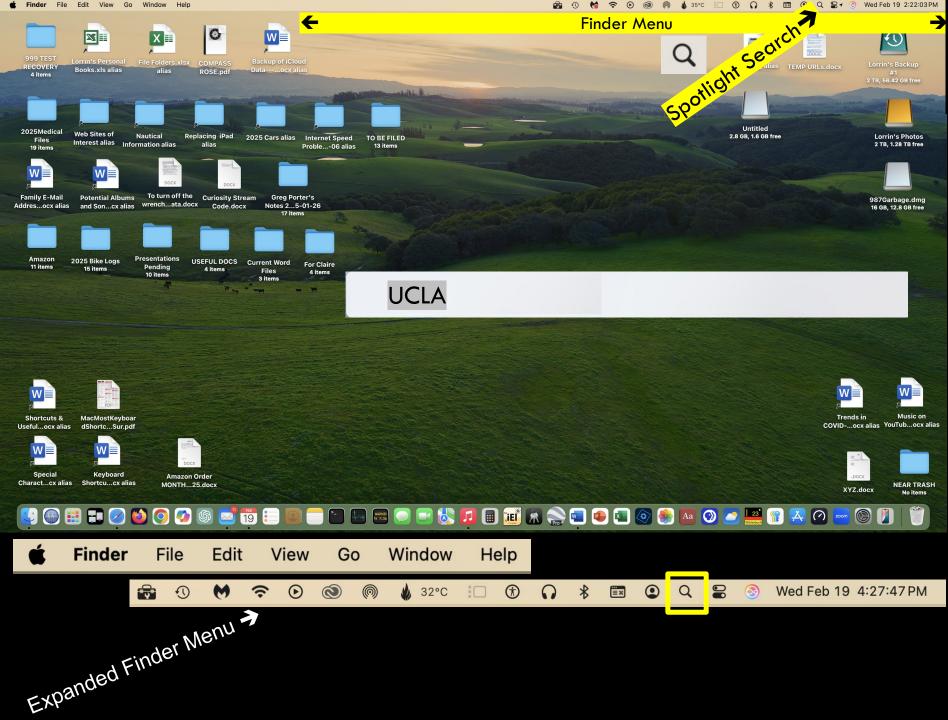


Expanded Finder Menu





Expanded Finder Menu







#### Siri Knowledge



University of California, Los Angeles Public university in Los Angeles, California, USA

#### **Images**



























#### Websites



"UCLA"



Welcome to UCLA Health uclahealth.org



UCLA - Official Athletics Website uclabruins.com

#### Headlines



Kobe Johnson, UCLA Bruins, G - News, Stats, Bio cbssports.com · 15m ago

Music

Search in App



UCLA 🖪 Song · 24hrs · 3:12

**PDF Documents** 

Show More 2



Spring2018catalogfinal2.pdf 10.3 MB · PDF document · Modified 2/17/18, 10:24 AM





Cruise Journal Part I.docx

188 KB · Office Open XML word processing document · Modified 10/2/14, 10:41 PM

#### Presentations

Show More



Scientists are Human.pptx

56 MB · Office Open XML presentation · Modified 7/13/23, 9:54 AM



Other



de-es.dict

1.5 MB · Document · Modified 8/7/17, 5:05 AM

#### **Spreadsheets**

Show More 2



Leads for Questionnaire.xls

97 KB · Microsoft Excel 97-2004 worksheet · Modified 10/2/14, 10:14 PM

#### Mail & Messages

Jane . ..... Fonight Show video

5/18/24

Hi Lorrin and Ann, Thank you so much for taking time out to have lunch with us. We treasur...

#### Contacts



Bert .

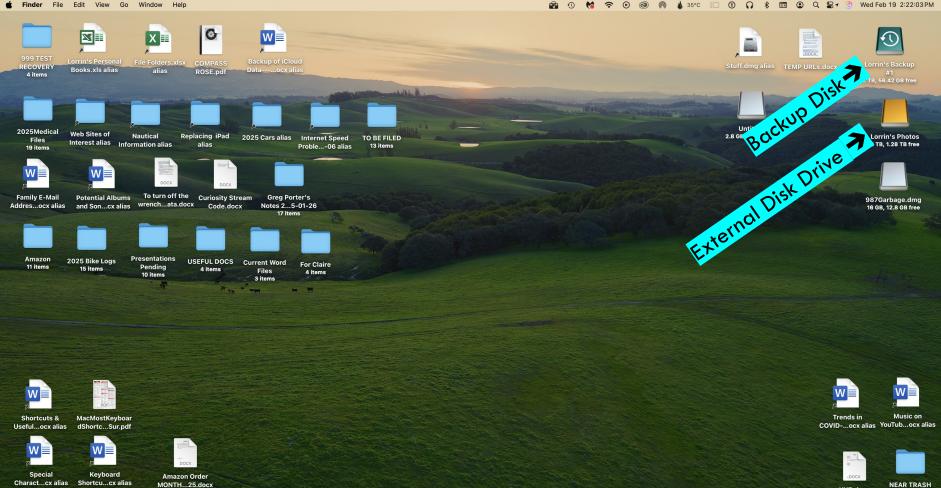


#### **Related Searches**



Search the Web

Search in Finder



























































































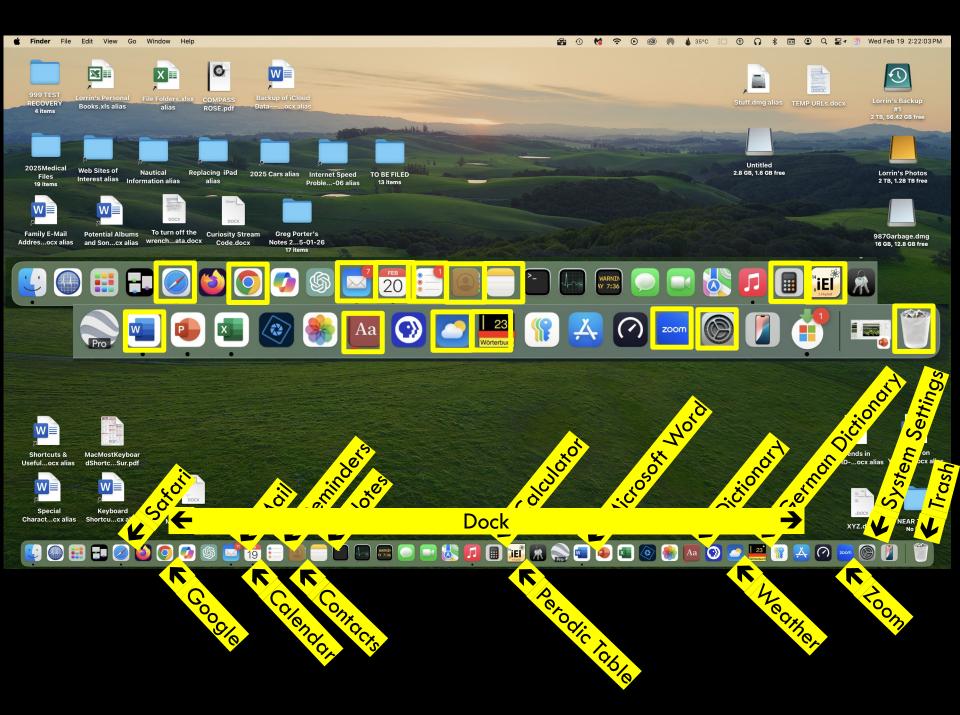












### Applications

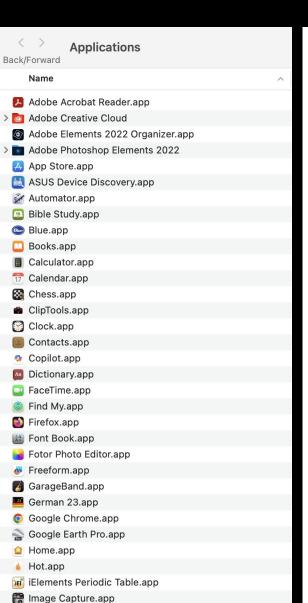
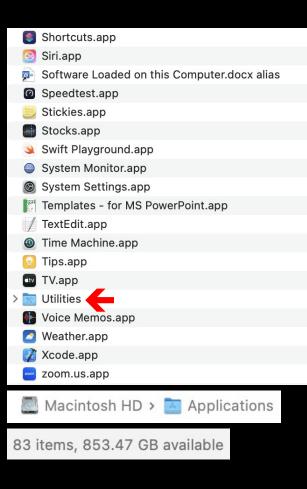
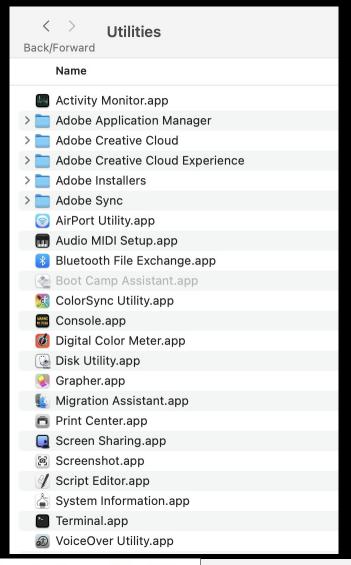


	Image Playground.app
	iMovie.app
	iPhone Mirroring.app
	Keynote.app
K	Kindle.app
	Launchpad.app
	Mail.app
M	Malwarebytes.app
O	Maps.app
	Messages.app
x	Microsoft Excel.app
N	Microsoft OneNote.app
O	Microsoft Outlook.app
P	Microsoft PowerPoint.app
w	Microsoft Word.app
	Mission Control.app
[I]	Music.app
N	News.app
	Notes.app
	Numbers.app
	OneDrive.app
<b>6</b>	OpenSpeedTest-Server.app
	Pages.app
<b>**</b>	Passwords.app
	PBS.app
P	Photo Booth.app
	Photos.app
	Podcasts.app
	Preview.app
	QuickTime Player.app
	Reminders.app

Safari.app



#### **Utilities**







#### **Backup—Time Machine**

- Highly recommend Time Machine
- A full backup is created every hour (default)
- A full backup can be created at any time with two clicks
- Specific individual files or folders can easily be recovered
- Complete drives can be recovered
- Recommend three external disk drives, two minimum

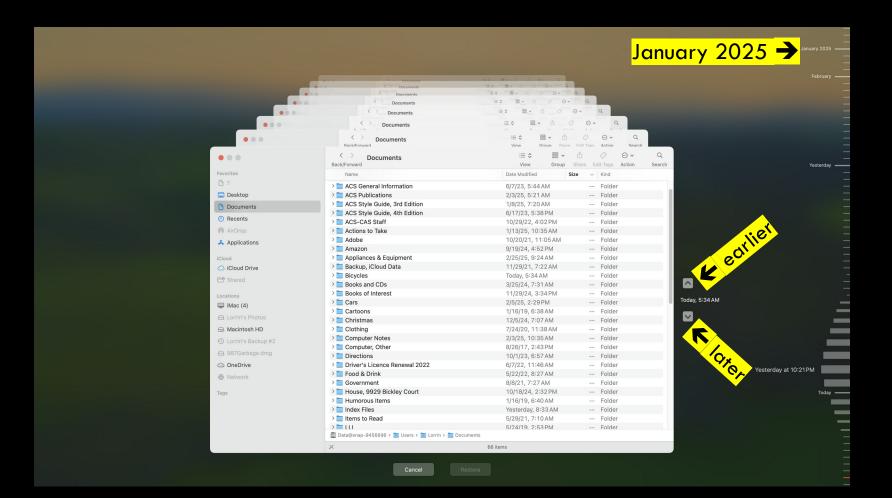
### Backup—Time Machine.app



#### Backup—Time Machine.app (cont.)



### Backups



#### **Apple's Anti-malware Protection**

- Apple's "App Store" software is verified "clean"
- macOS Gatekeeper (on Mac computers)
   ✓ Verifies software from a developer known to Apple
- •Notarization (used by developers) • Notarization (used by developers)
  - ✓ Certifies new software is "clean"
- •macOS XProtect (on Mac computers) 🔐 🚨
  - ✓ Built-in anti-malware software

#### **Anti-malware Software**

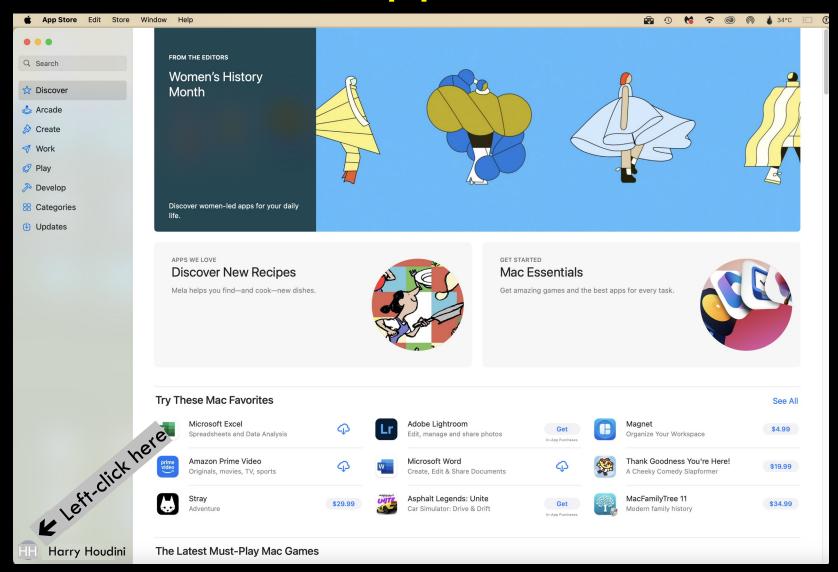
- Commercial anti-malware for Macs
  - √intego 🎎
  - ✓ Malwarebytes\* 🚨
  - ✓ Total AV
  - ✓ Norton 360
  - ✓ Total Defense 🔐
  - ✓ Trend Micro
  - ✓ Webroot <a> </a>
  - √ For reviews of anti-malware software see



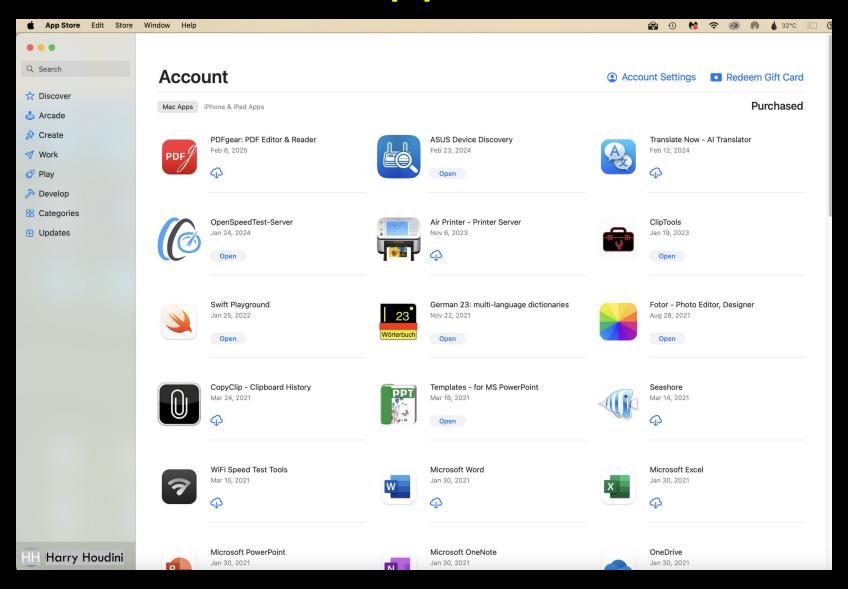
### The App Store\*

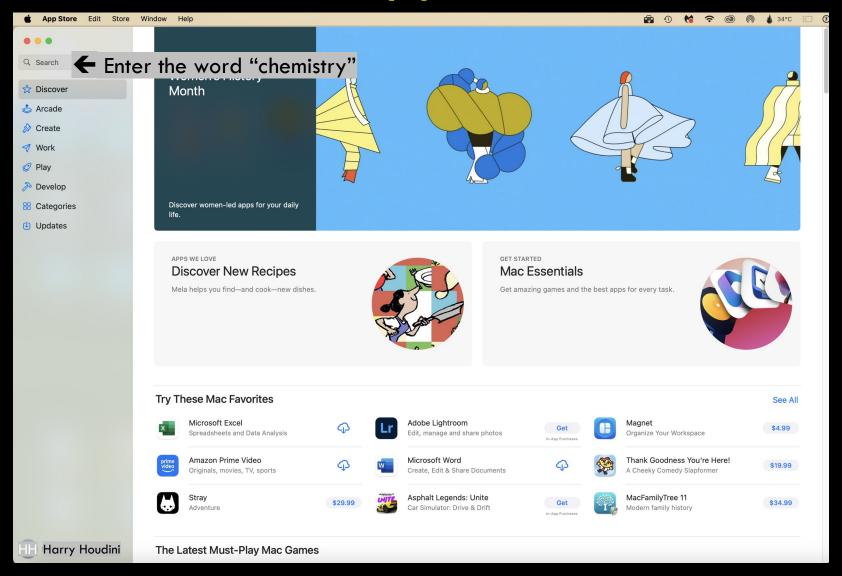


\* Over 3.8 million apps are available

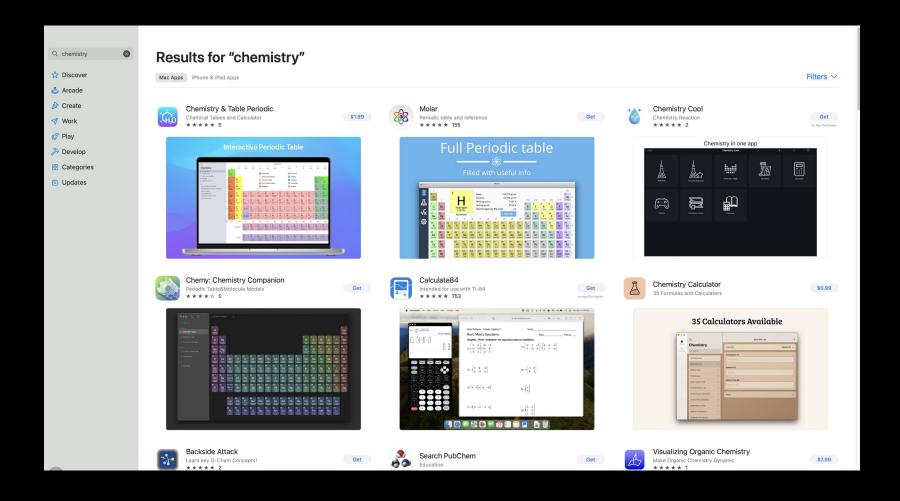


Over 3.8 million apps are available

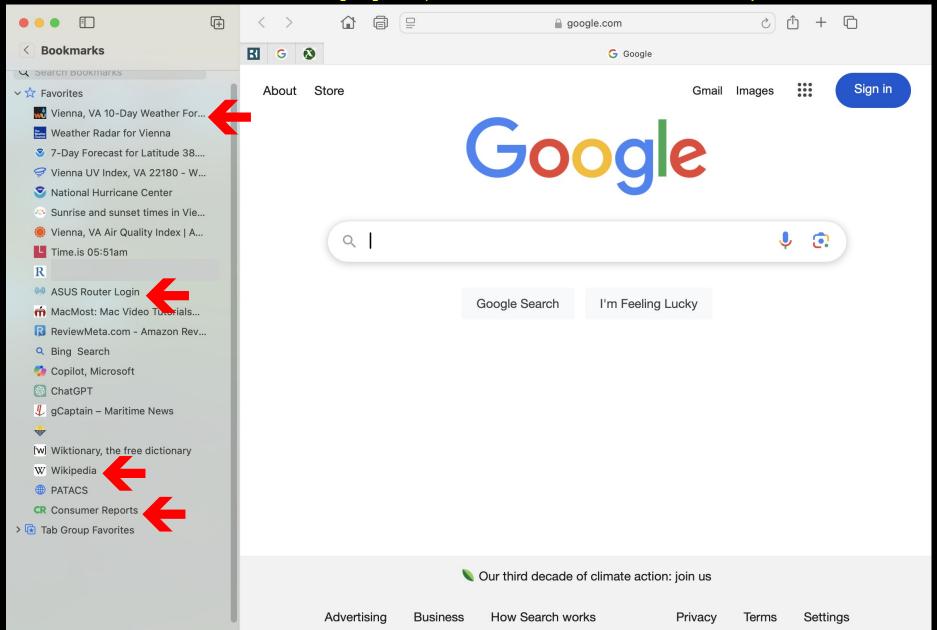




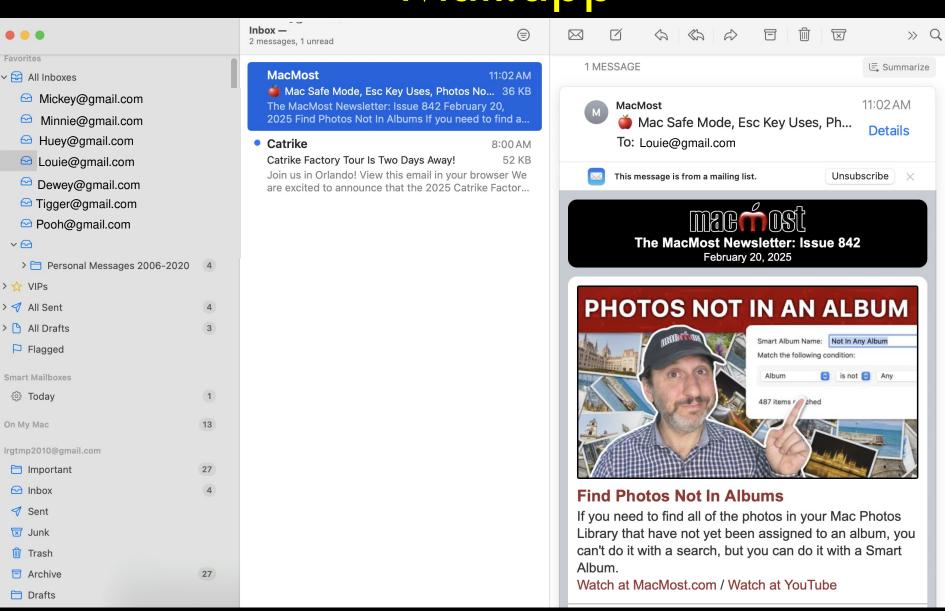
<sup>\*</sup> Remember over 3.8 million apps are available



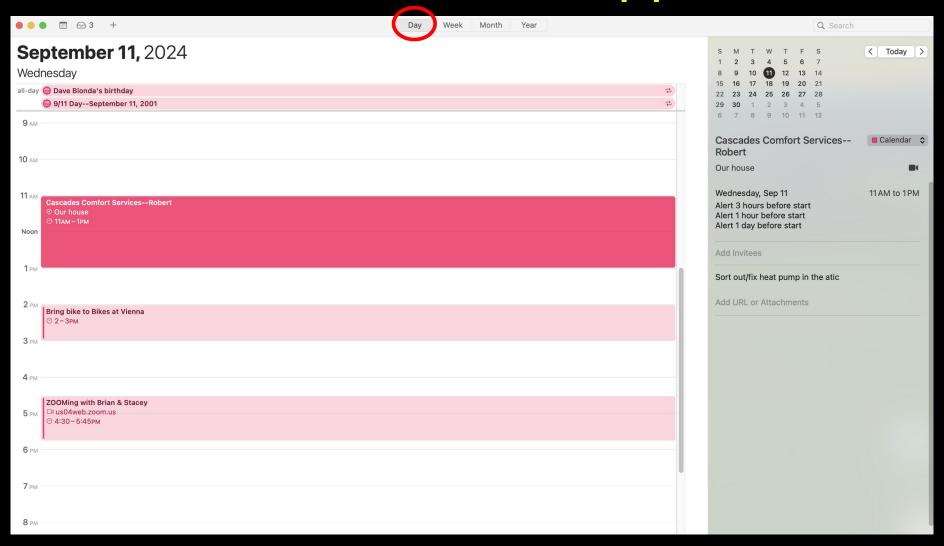
### Safari.app (Web Browser)



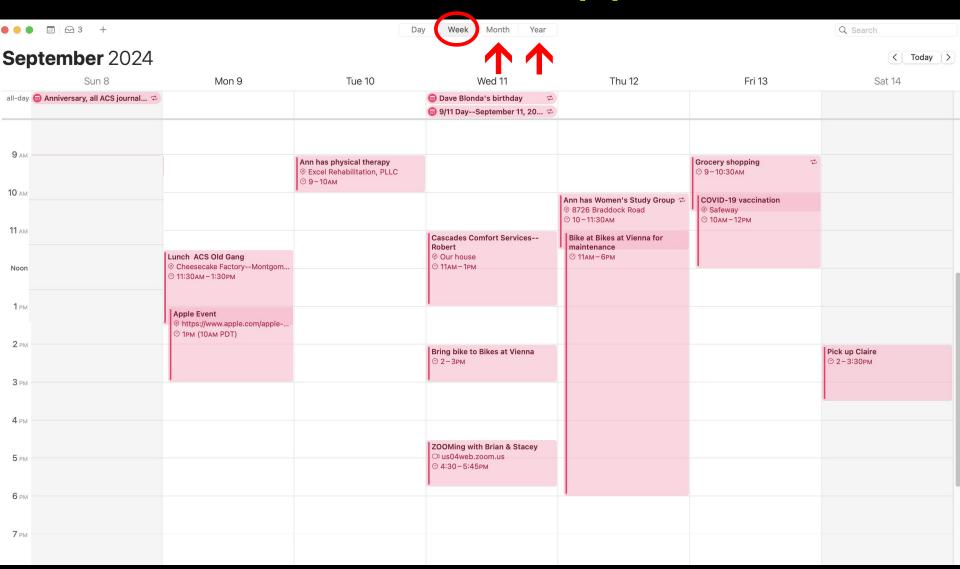
#### Mail.app



### Calendar.app



### Calendar.app (cont.)



#### Contacts.app



Mark & Lauren

Hannah

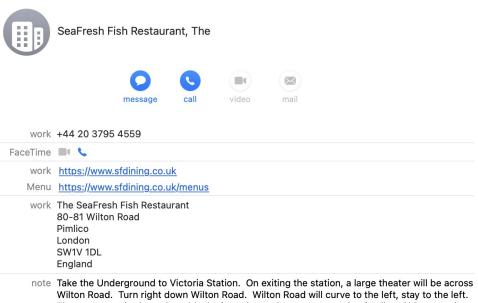
Darlington Hyde Park Hotel

MedjetAssist

John

SeaFresh Fish Restaurant...

Paul & Lisa



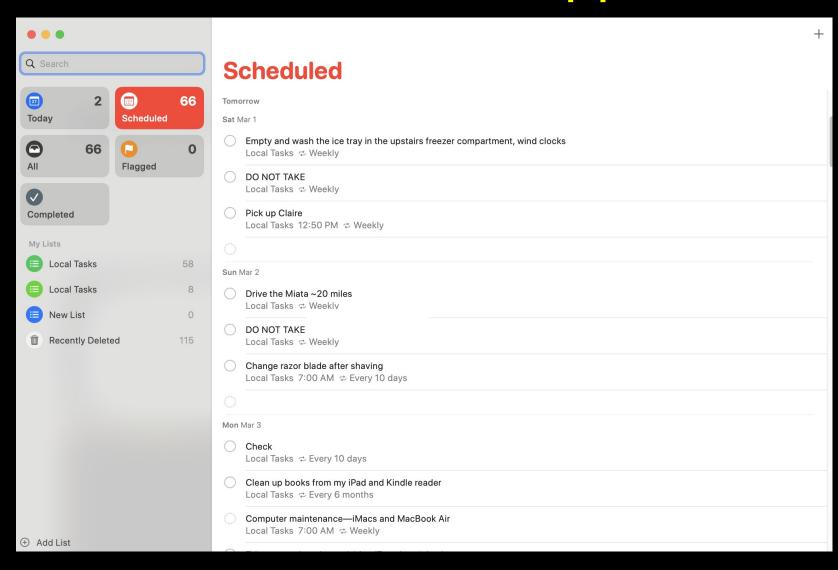
The restaurant is about three blocks from the station, past a couple of Italian, Chinese and Indian restaurants. Good food, but rather greasy.

Seafood

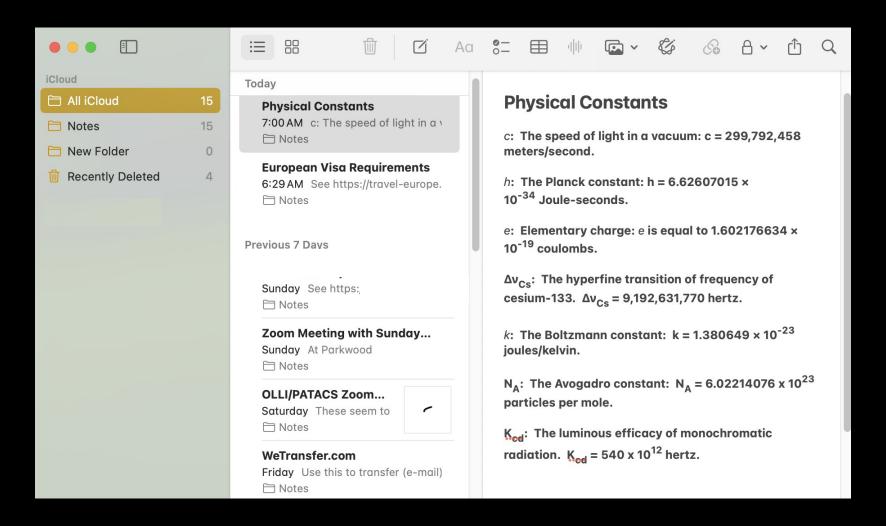
Hours of Business: Monday to Friday from 12.00pm-3.00pm and 5.00pm-10.30pm; Saturday from 12.00pm-10.30pm.

Record updated February 21, 2025

### Reminders.app



#### Notes.app



### Calculator.app



Basic

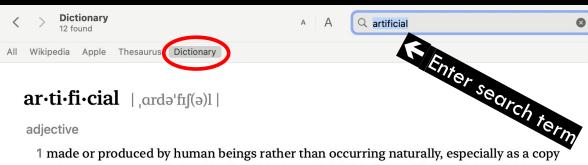


Programmer

### Dictionary.app

artificial
artificial climbing
artificial genera...
artificial horizon
artificial insemi...
artificial intellig...
artificial life
artificial respira...
artificial silk
artificial surface
artificiality

artificially

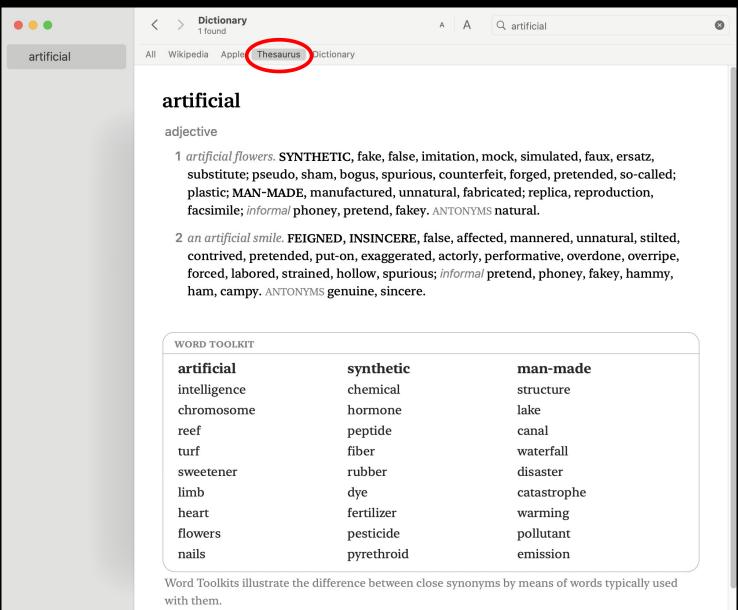


- 1 made or produced by human beings rather than occurring naturally, especially as a copy of something natural: her skin glowed in the artificial light | an artificial limb | artificial flowers.
  - (of a situation or concept) not existing naturally; contrived or false: the artificial division
    of people into age groups.
- **2** (of a person or their behavior) insincere or affected: an artificial smile.
- **3** *Bridge* (of a bid) conventional as opposed to natural: *the Italian team began with an artificial club.*

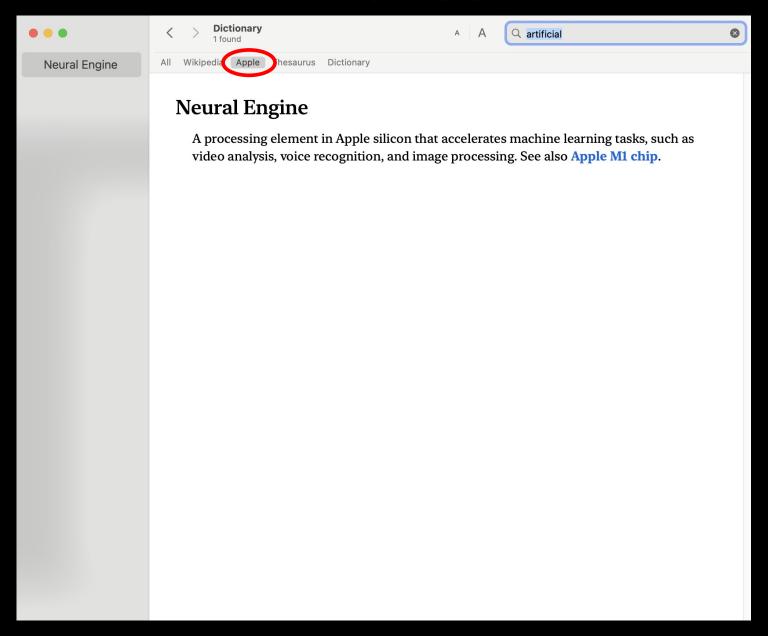
#### ORIGIN

late Middle English: from Old French *artificiel* or Latin *artificialis*, from *artificium* 'handicraft' (see artifice).

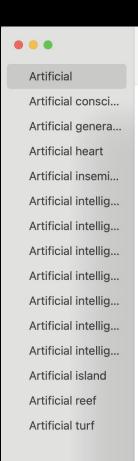
#### Dictionary.app (cont.)

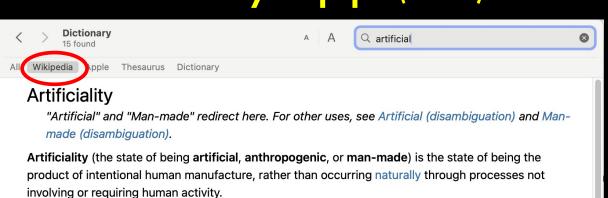


### Dictionary.app (cont.)



#### Dictionary.app (cont.)





#### Connotations

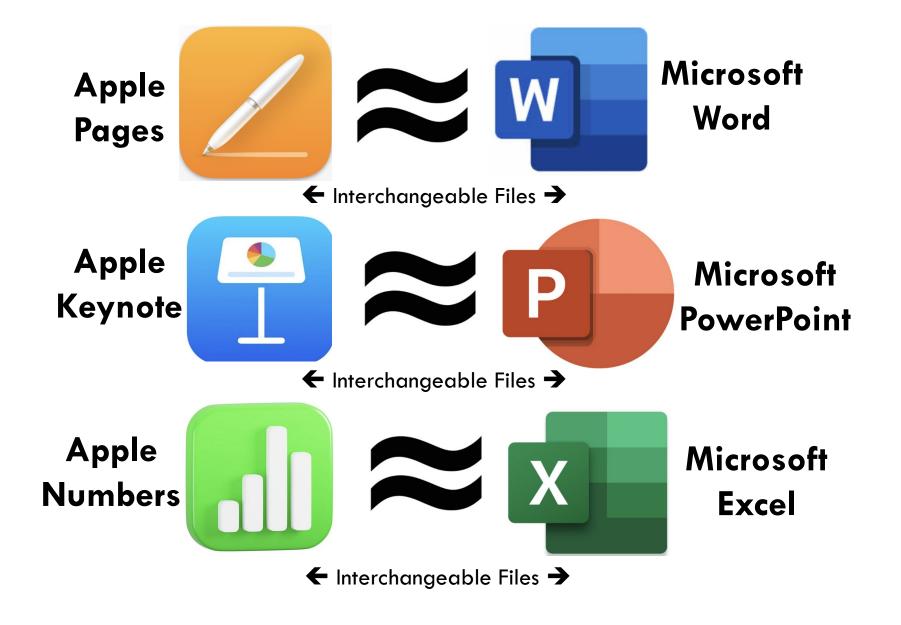
Artificiality often carries with it the implication of being false, counterfeit, or deceptive. The philosopher Aristotle wrote in his *Rhetoric*:

Naturalness is persuasive, artificiality is the contrary; for our hearers are prejudiced and think we have some design against them, as if we were mixing their wines for them. It is like the difference between the quality of Theodorus' voice and the voices of all other actors: his really seems to be that of the character who is speaking, theirs do not.<sup>[1]</sup>

However, artificiality does not necessarily have a negative connotation, as it may also reflect the ability of humans to replicate forms or functions arising in nature, as with an artificial heart or artificial intelligence. Political scientist and artificial intelligence expert Herbert A. Simon observes that "some artificial things are imitations of things in nature, and the imitation may use either the same basic materials as those in the natural object or quite different materials. [2] Simon distinguishes between the artificial and the synthetic, the former being an imitation of something found in nature (for example, an artificial sweetener which generates sweetness using a formula not found in nature), and the latter being a replication of something found in nature (for example, a sugar created in a laboratory that is chemically indistinguishable from a naturally occurring sugar). [2] Some philosophers have gone further and asserted that, in a deterministic world, "everything is natural and nothing is artificial", because everything in the world (including everything made by humans) is a product of the physical laws of the world. [3]

Distinguishing natural objects from artificial objects

#### Office Automation



Click here

#### 

The Netherlands

Oakton
My Location - HOME 39°

#### Weather.app

Rotterdam ← The Netherlands

570
Feels Like: 49°
H:65° L:49°

Rainy conditions expected around 8AM. The lowest Feels Like temperature will be 47° around 11PM.																
Now	9рм	10рм	11рм	12ам	1ам	2ам	ЗАМ	4ам	5ам	6ам	7ам	7:42ам	8ам	9ам	10ам	11ам
		•				•		•	•	•		<u> 4</u>	40%	<del></del> 50%	45%	45%
57°	56°	55°	54°	53°	53°	52°	52°	52°	51°	51°	51°	Sunrise	50°	50°	51°	51°



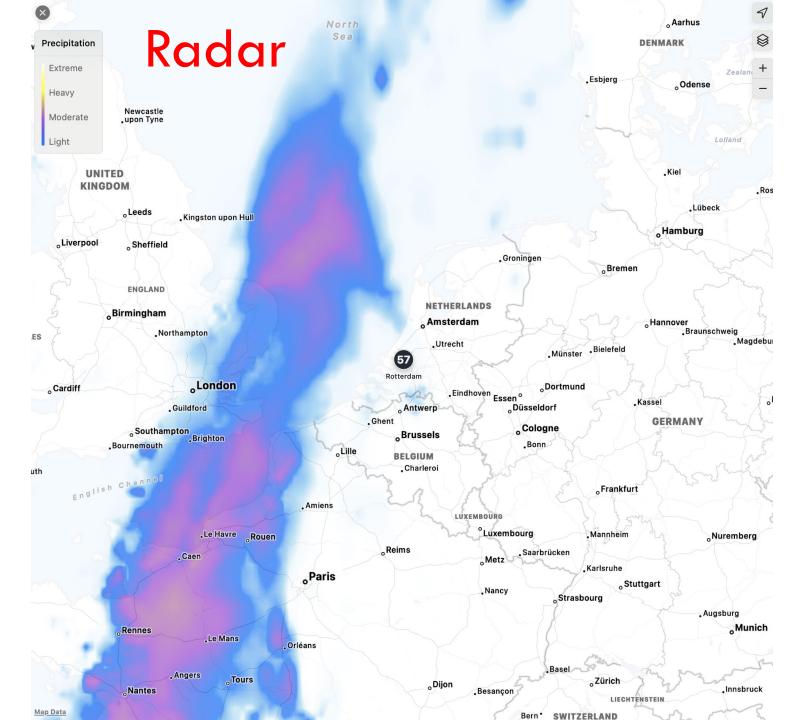
Illumination

**Next Moonrise** 

**Next Full Moon** 



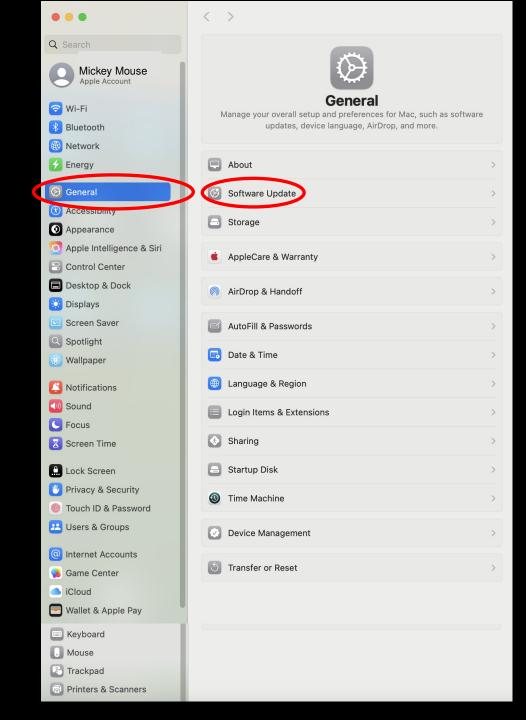
dew point is 49°
t now. Perfectly clear
Weather for Potterdam, Netherland





# System Settings

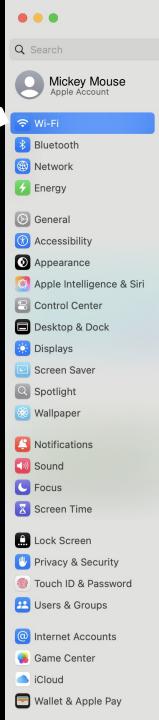
General

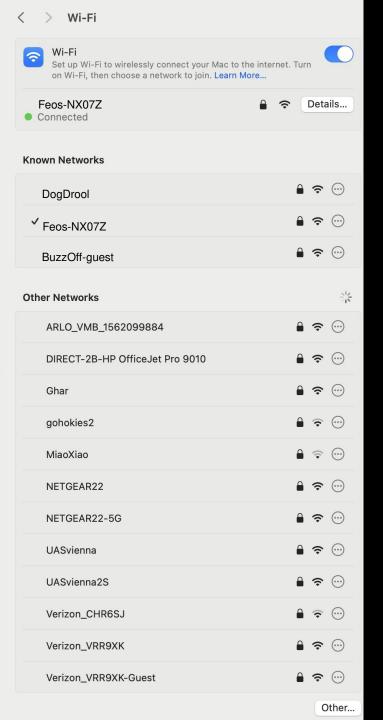


## Click here

System
Settings
(cont.)

Wi-Fi

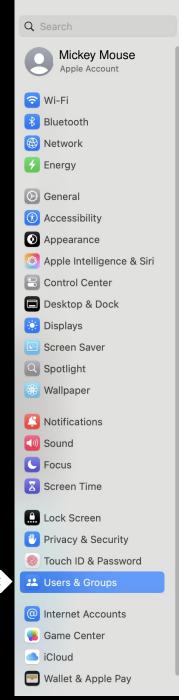


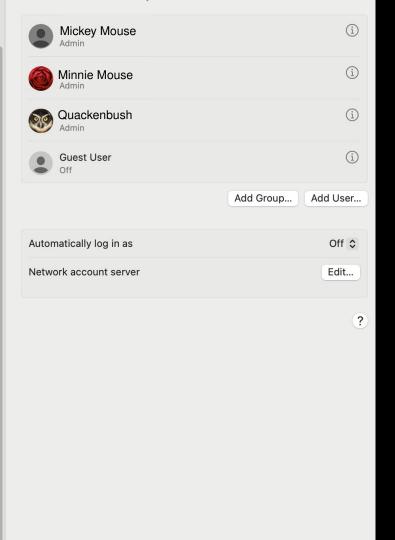


# System Settings (cont.)

## Users & Guests

Click here →



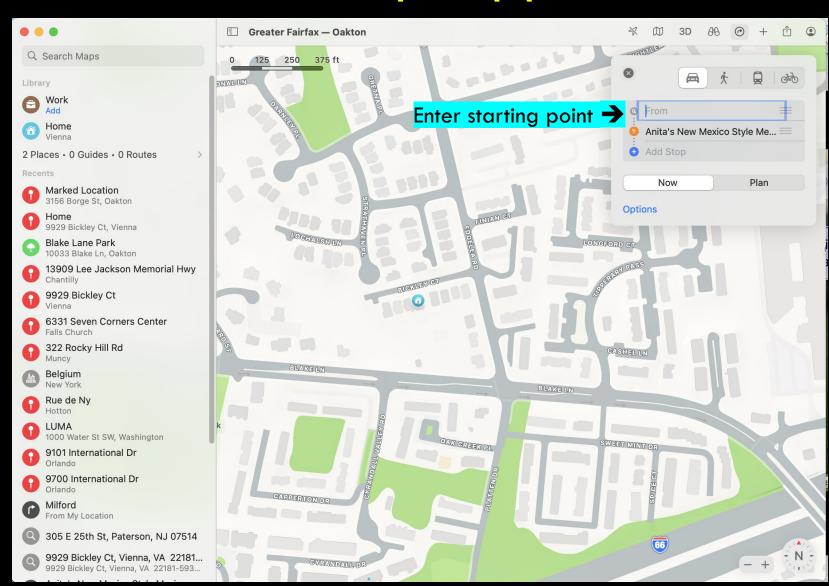


#### Siri.app

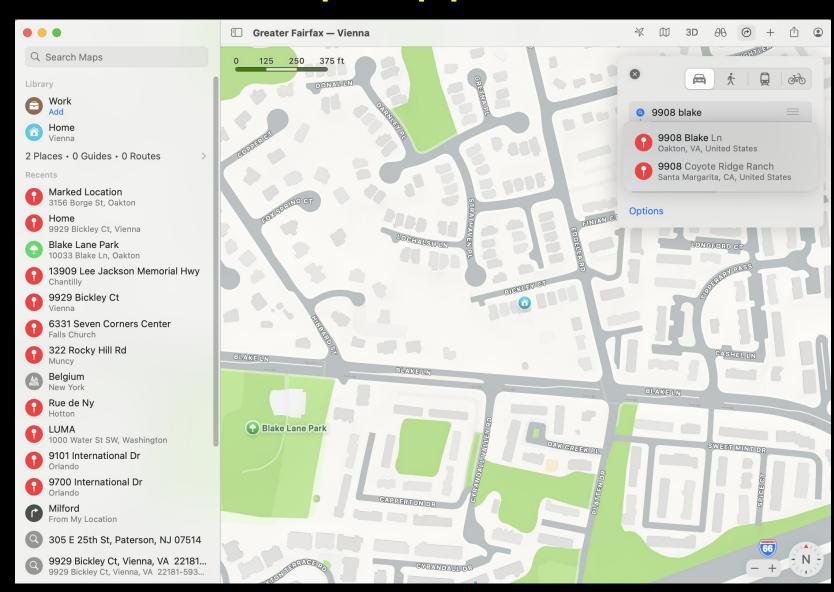




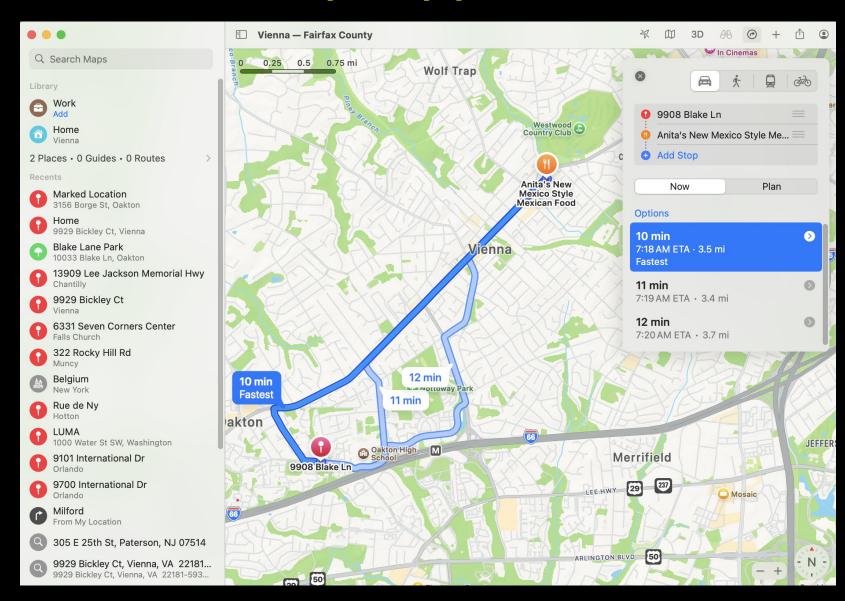
#### Maps.app



#### Maps.app (cont.)



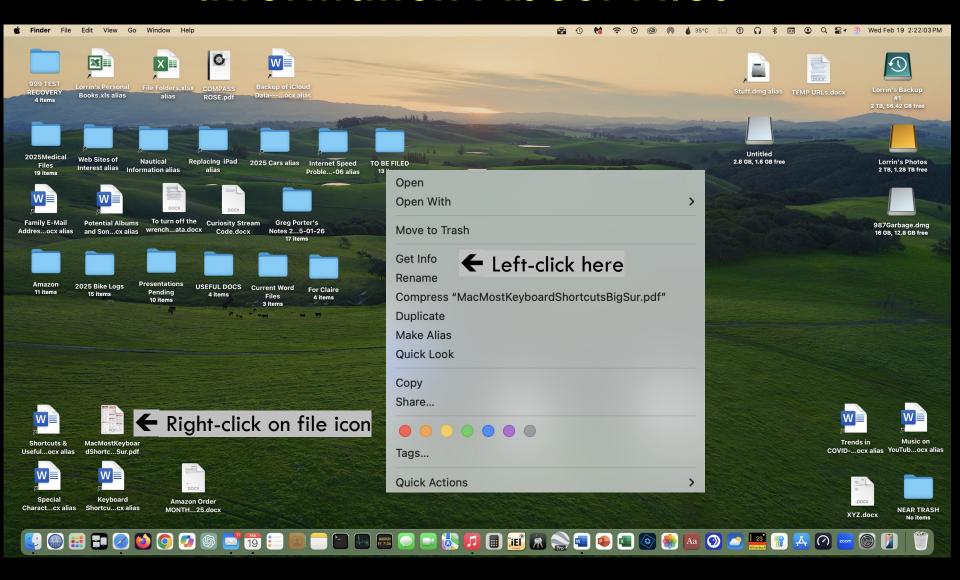
#### Maps.app (cont.)



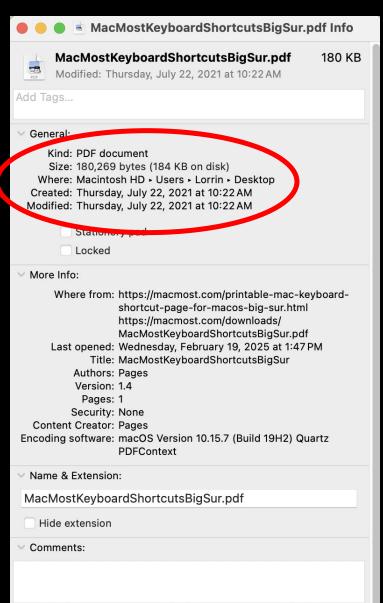
#### Siri-One More Thing

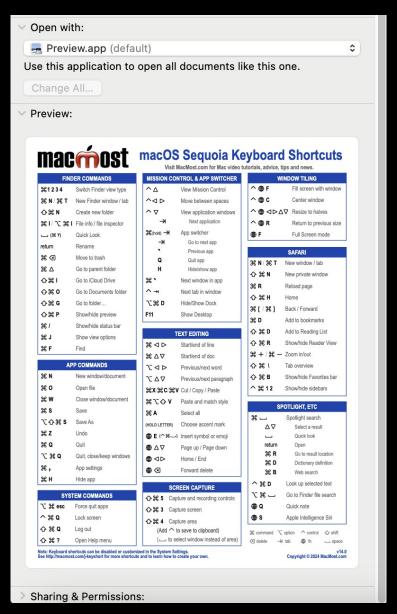
- •[say] "Siri open Microsoft Word"
- •[say] "Siri open Mail"
- •[say] "Siri open Calendar"
- •[say] "Siri What time is it?"
- •[say] "Siri When is my next appointment?"

#### Information About Files



#### Information About Files (cont.)





#### Trash



#### **Trash**

- Drag and drop unwanted files in "Trash"
- Files can be retrieved from "Trash", but not after "Trash" is emptied
- "Trash" should be emptied periodically
- Automatic deletion of files in "Trash" can be setup via "System Settings" (deleted in 30 days)
- Recommendation: Set up a folder named "Near Trash" on the Desktop to put "Not sure I want to delete files" [Delete contents periodically]
- Disk drives can be unmounted by dragging the drive's icon to "Trash"

#### Preview.app\*

- Used for viewing PDF files or images
  - √ macOS default
  - ✓ Can be opened by double-left clicking on PDF or image file
- Edit a PDF or image file
- Annotate files
- Show pages in a continuous scroll
- Show pages 1 at a time or 2 side-by-side
- Zoom in or out

\* An alternative to Adobe Acrobat Reader

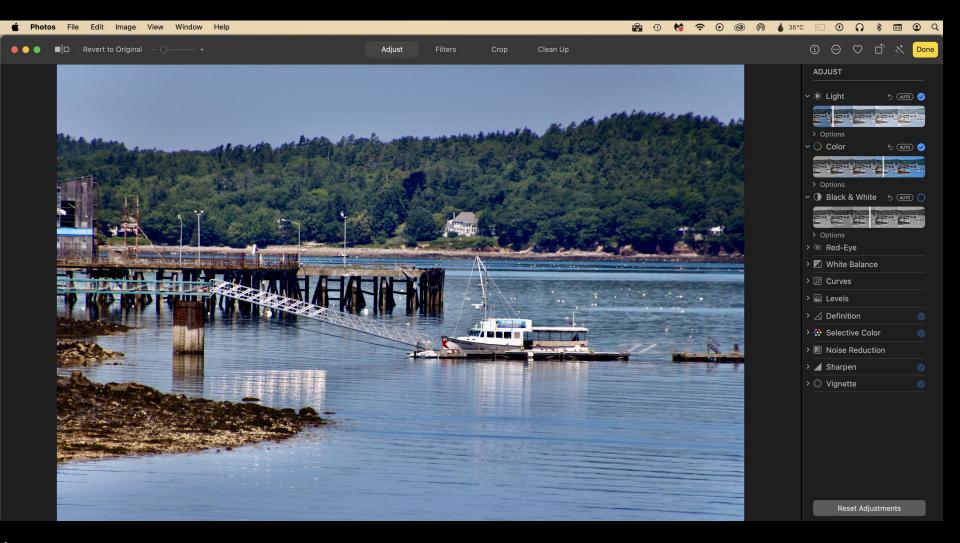
#### FaceTime.app<sup>1</sup>

- An app for video and phone calls
- Available on iPhones, iPads, Macs, etc.
- Windows/android users can join Facetime sessions via a Web browser; cannot initiate a session 🔐
- Up to 32 users in a session
- No session time limit
- No charge for use<sup>2</sup>
- For more information see



- <sup>1</sup> A simplified alternative to Zoom
- <sup>2</sup> Charges from Internet provider may apply

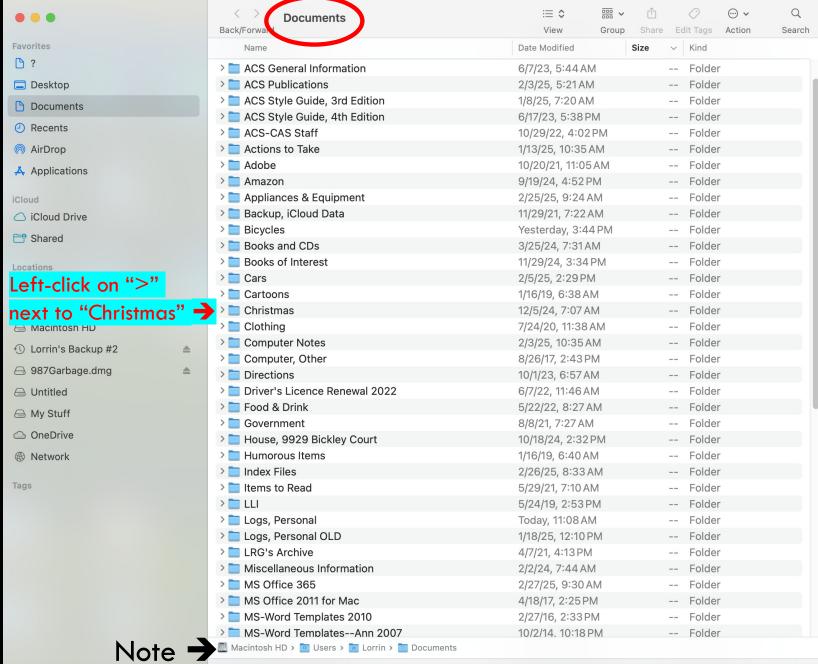
#### Photos.app\*

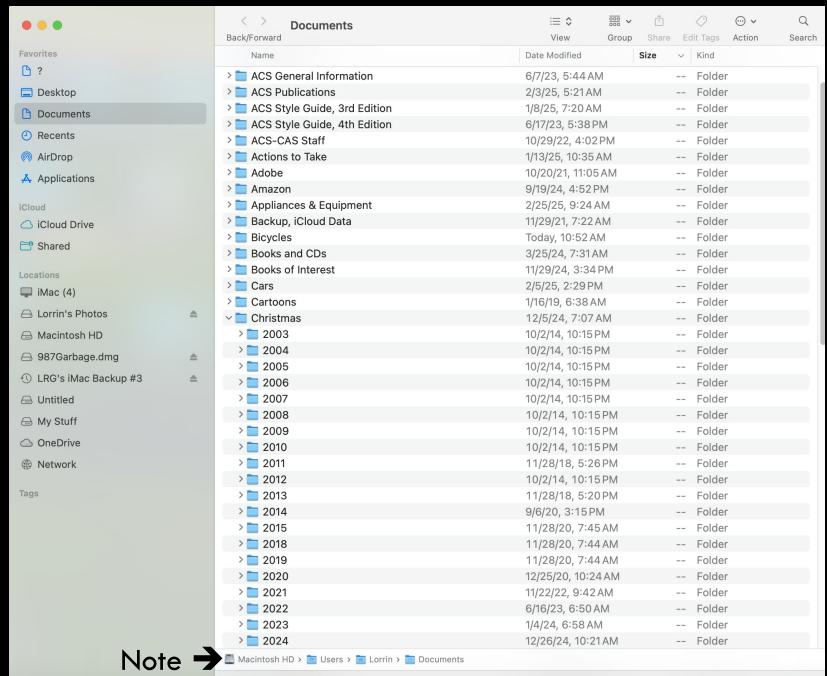


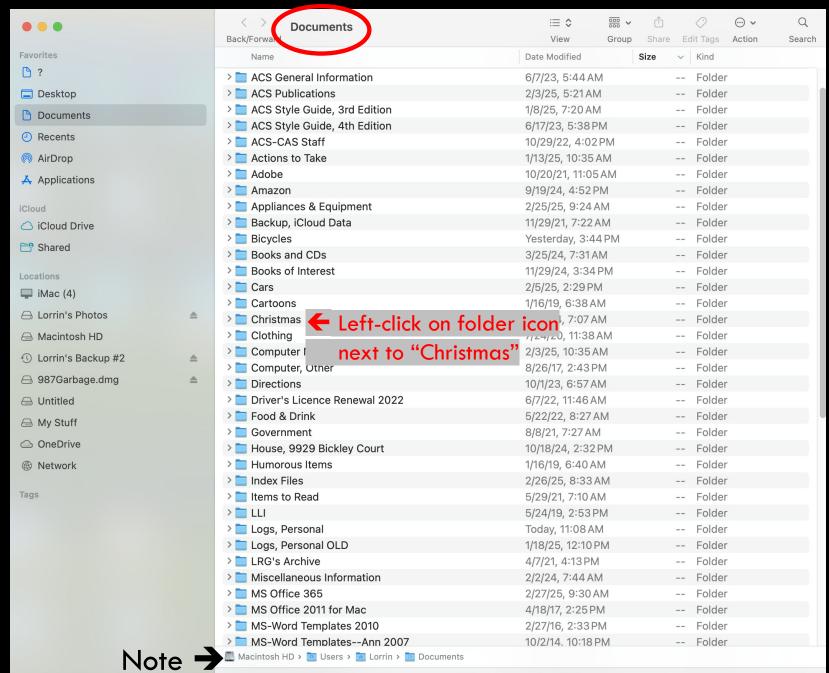
\* Somewhat comparable to Photoshop Elements

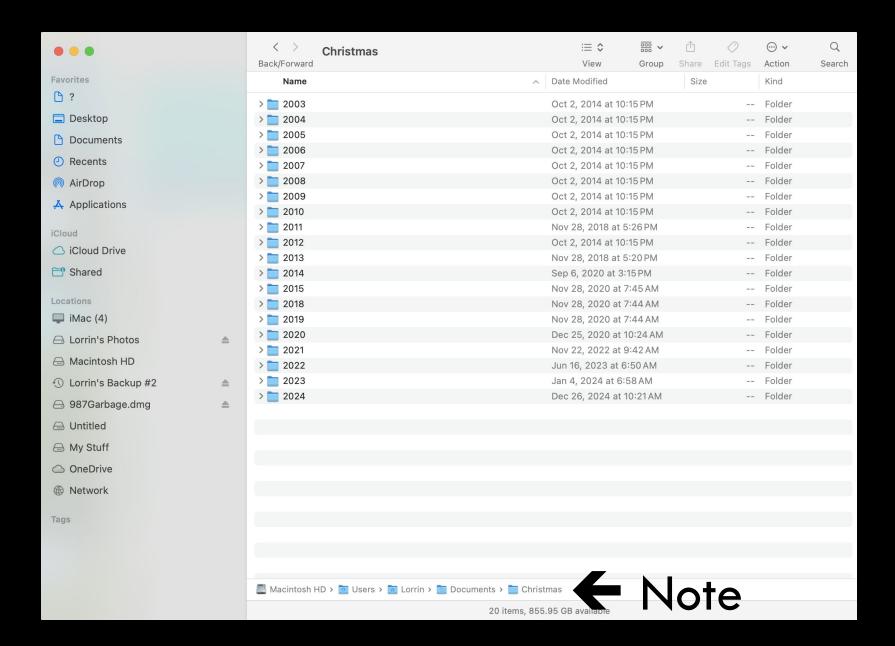
#### Organizing Your Stuff (speaker's suggestion)

- Put all your stuff in the "Documents" folder
  - ✓ Exceptions:
    - ➤ Apps go in the "Applications" folder
    - ➤ Videos & photos should go in a separate folder or on an external disk drive
- Put only Folders in the "Documents" folder
- The "Desktop" is just another file folder
  - ➤ Some like to keep the "Desktop" devoid of files
  - ➤Others like to put the most used and/or recent stuff on the "Desktop"
- Keep only one "authority copy" of any item—use aliases to refer to that single copy as needed



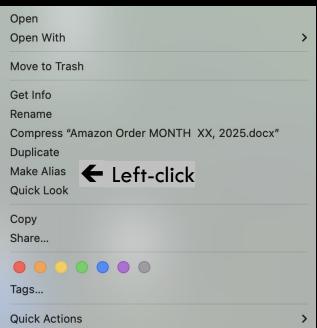






#### Aliases









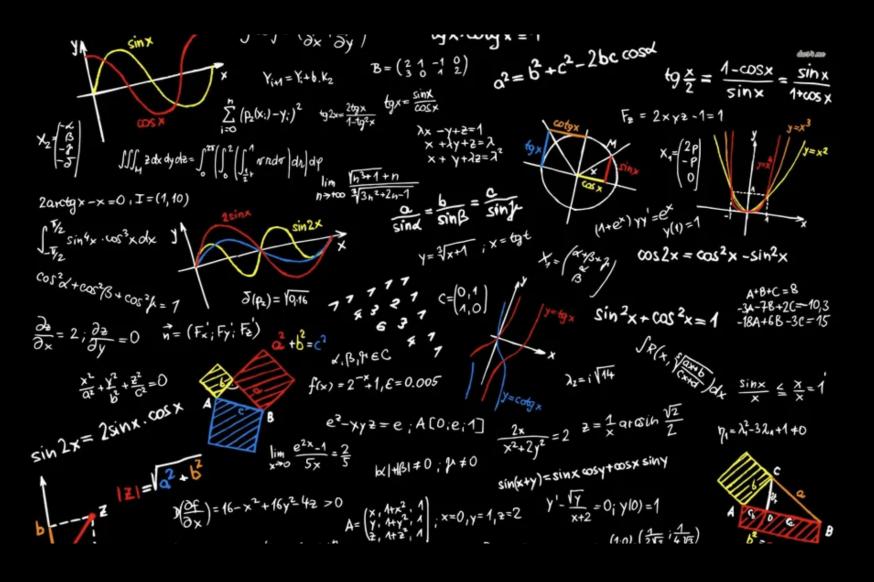




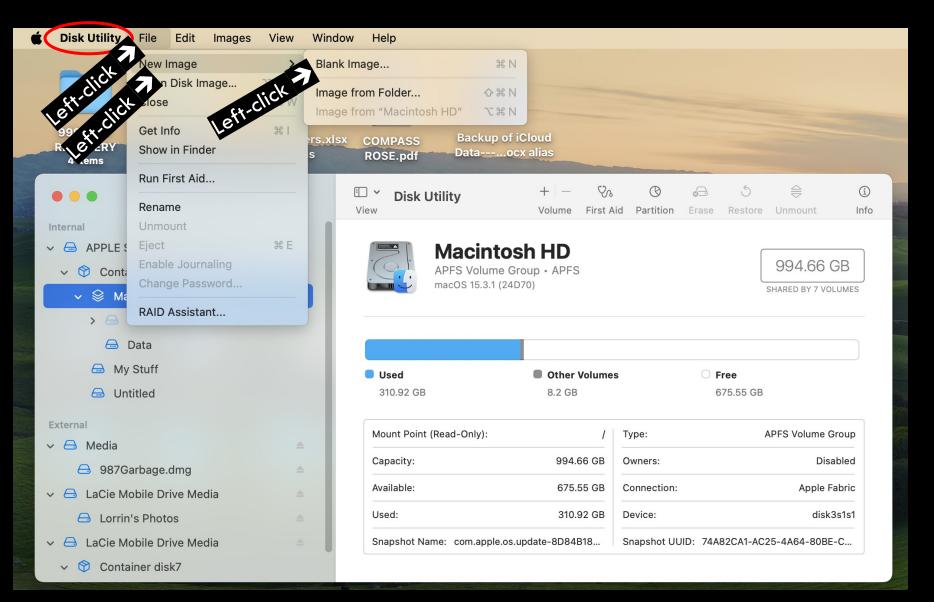
#### An Alternative to FileVault\* Disk Encryption

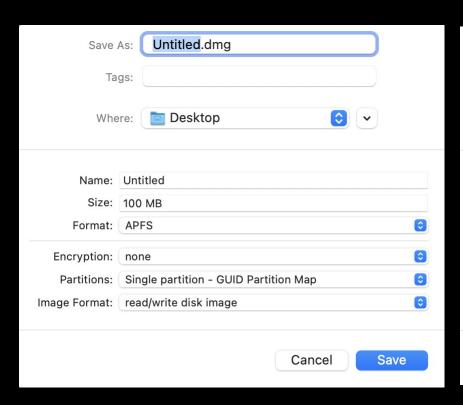
- Create an encrypted DMG file
  - ✓ A DMG file is a virtual disk similar to an ISO file in Windows
- A DMG file can be safeguarded with 128 or 256-bit AES encryption
- A DMG file can contain multiple levels of folders
- A DMG file can be copied like any other file

#### The following 7 slides are a bit convoluted

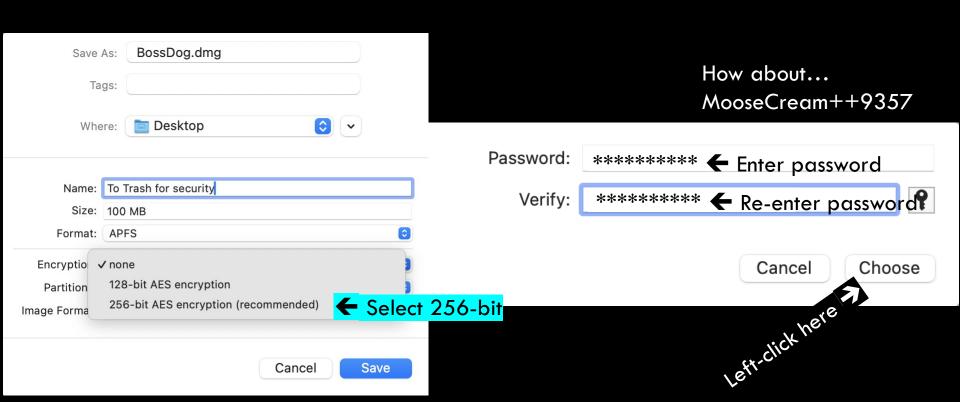


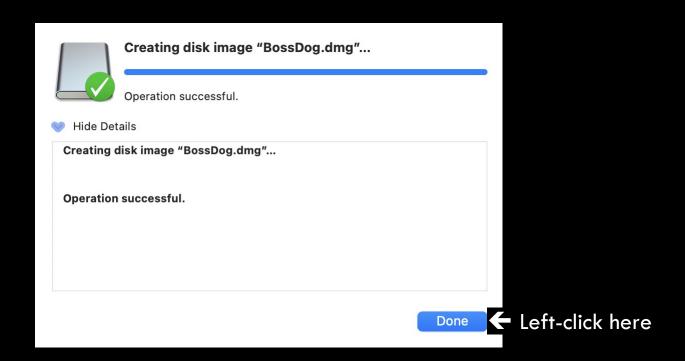
### Applications → Disk Utility → File → New Image → Blank Image







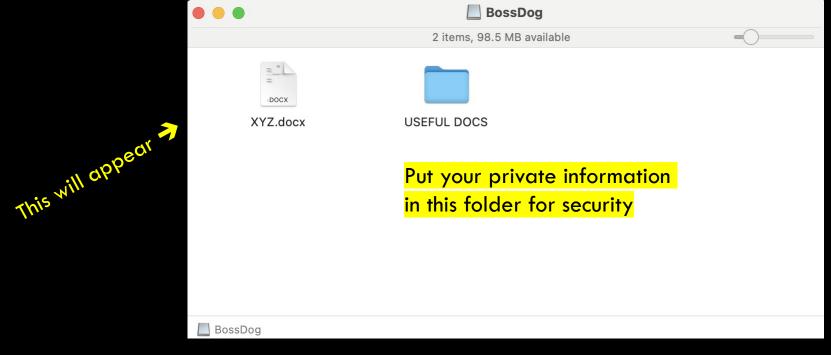




This will appear on Deskto

Double-left clic







Periodically copy BossDog.dmg to a thumb drive

#### To Reiterate...



Click on this (enter PW)



## TMI?

Discombobulated?

Dazed? Baffled?

At Sea?

For more information see: ....



(Sales pitch from Apple—but useful information)

#### Your top questions, answered.



What's it like to switch from Windows to Mac?

Learn more >



How do I right-click on a Mac?

Learn more >



How does macOS work?

Learn more >



What's it called on Mac?

Learn more >



What are the Windows equivalents on a Mac keyboard?

Learn more >



Where on Mac are the files that I transfer from my PC?

Learn more >





Apple Support has your back, 24/7.

Apple Support is always just an online chat, phone call, or in-store appointment away.

## The End



Photo by Joel Sartore